



INSTRUCTORS : Céline & Thierry SCHMITT ( FRANCE )  
<http://www.country-holtzheim.com>

## Cajun Thang

**TYPE:** 4 Wall  
**RATING:** Beginner  
**COUNT:** 32  
**CHOREOGRAPHER:** Jo & Rita Thompson  
**MUSIC:** 178 BPM "Cool, cool Mardi Gras" –Scooter Lee

**Start dancing on lyrics**

### STEP DESCRIPTION:

#### **TOE STRUTS FORWARD**

- 1-2 Step forward with right onto ball, lower right heel
- 3-4 Step forward with left onto ball, lower left heel
- 5-8 Repeat 1-4

#### **TOE STRUTS BACK**

- 1-2 Step back with right onto ball, lower right heel
- 3-4 Step back with left onto ball, lower left heel
- 5-8 Repeat 1-4

#### **SIDE MAMBO RIGHT & LEFT**

- 1-2 Step to the right with right, recover onto left
- 3-4 Step together with right, hold
- 5-8 Repeat 1-4, but starting with left foot

#### **SIDE MAMBO RIGHT TURNING ¼ RIGHT, SIDE MAMBO LEFT**

- 1-2 Step to the right with right, recover onto left turning ¼ right (3:00)
- 3-4 Step together with right, hold
- 5-6 Step to the left with left, recover onto right
- 7-8 Step together with left, hold

#### **REPEAT**