



Holtzheim

INSTRUCTORS : Céline & Thierry SCHMITT ( FRANCE )  
<http://www.country-holtzheim.com>

## Easy Apple Jack

**TYPE:** 2 Wall

**RATING:** Intermediate

**COUNT:** 32

**CHOREOGRAPHER:** Séverine Fillion

**MUSIC:** 106 BPM "One Step At A Time" by Buddy Jewell  
134 BPM "That's Love" by Brad Paisley

### STEP DESCRIPTION:

#### HEEL BALL HEEL BALL, TOE TOUCH

- 1& Touch left heel forward, step right together
- 2& Touch left heel forward, step left together
- 3& Touch right toe to the right side, step right together
- 4& Touch left toe to the left side, step left together

#### KICK BALL POINT LEFT, TOE RIGHT, KNEE ROLL RIGHT WITH ¼ TURN RIGHT

- 5& Kick right forward, step right together
- 6&7 Touch left toe to the left side-step left beside right -touch right toe to the right side
- &8 Turn right knee in, turn right knee out with ¼ turn right

#### KICK BALL STOMP, HEEL SWIVEL

- 9&10 Kick right forward, step right together, stomp left forward over right
- 11&12 Swivel both heels out, in, out

#### KICK BALL POINT LEFT, POINT RIGHT, KNEE ROLL RIGHT WITH ¼ TURN RIGHT

- 13& Kick right forward, step right together
- 14&15 Touch left toe to the left side, step left together, touch right toe to the right side
- &16 Turn right knee in, turn right knee out with ¼ turn right

#### HOOK, RIGHT SHUFFLE, RIGHT FULL TURN

- &17&18 Hook right, chassé forward right, left, right
- 19-20 Moving right, make a full turn: left, right

#### LEFT SHUFFLE, RIGHT SCUFF/ HITCH, RIGHT STOMP, LEFT STOMP

- 21&22 Chassé forward left, right, left
- 23&24 Scuff/hitch right, stomp right, stomp left beside right

#### APPLE JACK

- 25 With weight on left heel and right toe, swivel right heel and left toe to the left
- & Step right together
- 26 Weight to left toe and right heel and swivel left heel and right toe to the right
- & Step right together
- 27 Weight back to left heel and right toe and swivel right heel and left toe to the left
- & Step right together
- 28 Swivel right toe and left heel to the right
- & Step right together

#### STEP BACK / HEEL BALL STOMP, HIP BUMP

- 29&30 Step right back with left heel forward, step left beside right (&), stomp right forward
- 31&32 Bump hips rights forward, bump left backward, bump hips rights forward

**REPEAT**

**TAG**

at the end of walls 2, 4, & 5 (only for the Buddy Jewell music)

RIGHT TOUCH WITH  $\frac{1}{4}$  TURN LEFT X 4 (FULL TURN)

33-36 Touch right toe on right side with  $\frac{1}{4}$  turn to the left x 4 to make a full left turn