



INSTRUCTORS : Céline & Thierry SCHMITT (FRANCE)
<http://www.country-holtzheim.com>

Irish Stew

TYPE: 4 wall,

RATING: beginner / intermediate line dance

COUNT: 32

CHOREOGRAPHER: Lois Lightfoot

MUSIC: 125 BPM "Irish Stew" – Sham Rock or 144 BPM "I'll Tell Me Ma" – Sham Rock

STEP DESCRIPTION:

SIDE SWITCHES, CLAP TWICE, HEEL SWITCHES FORWARD, CLAP TWICE

- 1& Touch right toe out to side, bring right back in place
- 2& Touch left toe out to side, bring left foot back in place
- 3&4 Touch right toe out to side clap twice
- 5& Touch right heel forward, bring right foot back in place
- 6& Touch left heel forward, bring left foot back in place
- 7&8 Touch right heel forward, clap hands twice

SHUFFLE FORWARD, ROCK RECOVER, COASTER STEP, PIVOT ½ TURN

- 9&10 Step right foot forward, step left foot next to right, step right foot forward
- 11-12 Rock forward onto left foot, recover weight onto right foot
- 13&14 Step left foot back, step right foot next to left, step left foot forward
- 15-16 Step forward onto right foot, pivot ½ turn to left

RIGHT CROSS ROCK, CHASSE SIDE, LEFT CROSS ROCK CHASSE SIDE

- 17-18 Cross rock right foot over left, recover weight onto left foot
- 19&20 Step right foot to side, close left to right, step right foot to side
- 21-22 Cross rock left foot over right foot, recover weight onto right foot
- 23&24 Step left foot to side, close right next to left, step left foot to side

TOE TOUCHES, SAILORS SHUFFLE, TOE TOUCHES, SAILORS ¼ TURN LEFT

- 25-26 Touch right toe forward, touch right toe to side
- 27&28 Cross right foot behind left, step left foot to side, step right foot to side
- 29-30 Touch left toe forward, touch left toe to side
- 31&32 Cross left behind right making ¼ turn left, step right to side, step left next to right

REPEAT